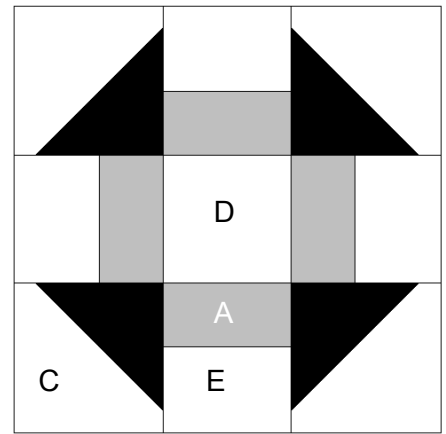


Quilts of Valor Churn Dash

10" finished size block 10 1/2" unfinished
 13" – 14" unfinished size after adding sashing

QOV Instructions:

1. Use 100% cotton, quilt store quality fabric that is pre-washed.
2. Sew skimpy 1/4" seams to allow for the fabric lost in pressing.
3. Use patriotic colors to make the block. Background can be white, cream, tan, beige, etc to co-ordinate with other fabrics.
3. Use 2" red or navy strips to frame the block. Later the block will be trimmed to 12 1/2", but do not trim yet.



Cutting Instructions for Each Block:

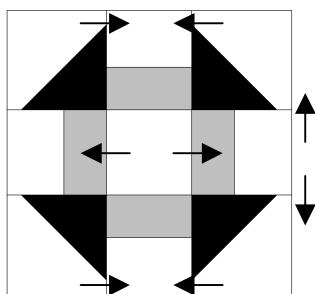
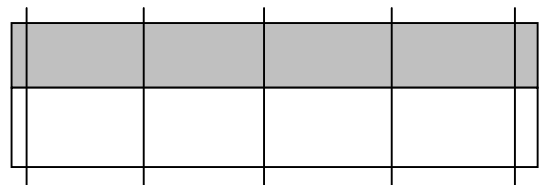
For triangles of churn dash	cut 4 squares 3 1/2" x 3 1/2"	A
For straight bars of churn dash	cut 1 strip 2" x 15" or longer	B
For background – corners	cut 4 squares 4" x 4"	C
center	cut one square 3 1/2" x 3 1/2"	D
sides	cut 1 strip 2 1/2" x 15" or longer	E
Sashing for frames (these do not have to be exact)	Cut two rectangles 2" x 11" Cut two rectangles 2" x 14"	

Sewing Instructions:



1. Using A and C, place A in one corner of C. Sew diagonally from corner to corner. Press toward corner to make triangle. Trim excess to leave 1/4" seam allowance. Repeat to make four.

2. Sew B and E together as in diagram. Press seam toward darker fabric. Cut four 3 1/2" slices from strip set.



3. Lay out all units as in block at left. Sew units together in rows, pressing seams as indicated by arrows inside block diagram. Sew rows together and press away from center row as shown with arrows beside block. Block should measure 10 1/2" x 10 1/2". Trim to

straighten the edges if needed.

4. Treat the sashing strips like borders: Place the 11" sashing strips down center of block, vertically. Mark the length needed and cut that length. Sew to the two sides, easing the block to fit sashing. Press toward the sashing. Repeat with the 14" sashing strips and sew to the top and bottom. Press toward the sashing.

5. Do not trim. Later the blocks will be trimmed to 12 1/2".

